The University of KwaZulu-Natal Cordially invites you to a webinar

**THEME – MASK FATIGUE... THE PERIL OF DROPPING YOUR GUARD**

Across the world, several countries are experiencing a second wave of COVID-19 infections. It is widely and scientifically verified that wearing a mask reduces the spread of Coronavirus. Since some persons with the Coronavirus may not have the symptoms or may not know they have it, everyone should wear a face mask. As of 1 May 2020, it has become mandatory that everyone in South Africa wear a face-mask when in public. Join UKZN’s COVID-19 Health experts who will update us on the national status of the pandemic.

**WHY WEAR A MASK?**
1. It reduces viral transmission (if worn correctly).
2. It prevents asymptomatic spread.
3. You’re protecting others from illness.
4. It is mandatory at UKZN.

**Date:** 2 December 2020  
**Time:** 15h00 - 16h30

REGISTER ON ZOOM

ENQUIRIES:  
RAKSHIKA SIBRAN | email. sibran@ukzn.ac.za

**DO’S**
- Do: Pull the hair back
- Do: Cover the mouth & nose
- Do: Tie the straps behind the head & neck
- Do: Remove the mask by grabbing it from the back

**DON'TS**
- Don’t: Pull below the nose
- Don’t: Wear on the forehead
- Don’t: Pull below the chin
- Don’t: Cross the straps
- Don’t: Leave your hair down the face
- Don’t: Hang the mask from one ear
- Don’t: Leave the straps hanging
- Don’t: Wear a dirty or wet mask